Homecare– TemporaryCrowns

Now that we've placed a temporary crown, it's important to follow these recommendations to ensure the success of your final restoration:

Chewing and eating

If we used an anesthetic during the procedure, avoid chewing until the numbness has completely worn off.

Avoid chewing for at least one half-hour to allow the temporary cement to set.

To keep your temporary in place, avoid eating hard or sticky foods, especially chewing gum. If possible, chew only on the opposite side of your mouth.



Avoid chewing until numbness wears off



Use desensitizing toothpaste



Rinse with warm salt water

Brushing and flossing

Brush normally, but floss very carefully. Remove floss from the side to prevent removal of the temporary crown.

If your teeth are sensitive to hot, cold, or pressure, use desensitizing toothpaste. If sensitivity increases or persists beyond a few days, call us.

Medication and discomfort

Take antibiotics or other medications only as directed.

To reduce any discomfort or swelling, rinse your mouth three times a day with warm salt water. Use about one teaspoon of salt per glass of warm water. It's normal for your gums to be sore for several days.

When to call us

Call us if your temporary crown comes off. Save the temporary so we can recement it. It's very important for the proper fit of your final crown that your temporary stay in place.

Call our office if your bite feels uneven, you have persistent sensitivity or discomfort, or if you have any questions or concerns.

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