Homecare—Implant Removable Restoration

Now that you've received your implant-retained denture, it's important to follow these recommendations to ensure its success.

Chewing and eating

If we used anesthetic during the procedure, avoid chewing until the numbness has worn off completely.

To protect your implants and denture, avoid chewing ice or other hard objects.



Store denture in cool water



Clean your dentures daily

Brushing and flossing

Brush your implants with a soft toothbrush, and floss them thoroughly every day. We may recommend special floss, brushes, mouthrinses, or other cleaning aids to keep the area free of bacteria.

Brush and floss your tongue, gums, palate, and any remaining teeth twice a day to keep them free of plaque and bacteria.

Caring for your denture

To keep your denture free of plaque, rinse it with cool water after every meal. Thoroughly clean all surfaces of the denture with a denture brush and a commercial denture cleaning product at least once a day. It's important to keep dentures clean to prevent irritation, permanent staining, and bad breath.

We may ask you to remove your denture for sleeping, or for at least six to eight hours a day. Store your denture in cool water whenever it's out of your mouth. You can also soak your denture in a commercial soaking solution. After soaking, rinse dentures in cool water.

When to call us

Call us if your bite feels uneven or your dentures become loose, you have persistent swelling or discomfort, or you have any questions or concerns.

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