POST-OPERATIVE SERIES

Homecare– Permanent Bridges



Avoid chewing until numbness wears off



Use desensitizing toothpaste



Rinse with warm salt water

Now that we've placed your permanent bridge, it's important to follow these recommendations to ensure its success:

Chewing and eating

If we used an anesthetic during the procedure, avoid chewing until the numbness has completely worn off.

Brushing and flossing

To protect your bridge, carefully follow our instructions for keeping the areas around and under the bridge free of bacteria. We may recommend special floss, brushes, or other cleaning aids.

If your teeth are sensitive to hot, cold, or pressure, use desensitizing toothpaste. If sensitivity increases or persists beyond a few days, call us.

Medication and discomfort

Take antibiotics or other medications only as directed.

To reduce any discomfort or swelling, rinse your mouth three times a day with warm salt water. Use about one teaspoon of salt per glass of warm water. It's normal for your gums to be sore for several days.

When to call us

Call our office if your bite feels uneven, you have persistent sensitivity or discomfort, or if you have any questions or concerns.

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